

# Support Crew Notes

## 2016



**Start Line:** 221 Valley Road, Paraparaumu.

From the Roundabout in Otaki, Head south on SH1 towards Paraparaumu for 18.9km, then turn left onto Hinemoa St (by Boat City), then left again after 750m onto Ruapehu St, then continue on for 3km (this road becomes Valley Road) you will see the Big Bang signs and the start line on your left.

Marshals will direct you for parking, please listen, and watch for their instructions.

There are toilet facilities and a coffee cart available here. **NOTE – do not arrive before 7am – thank you.**

Teams will start on foot; ensure they have all their compulsory kit.

**Start time:** Roll Call: 0730hrs

Map collection by Team Captain only: 0745hrs

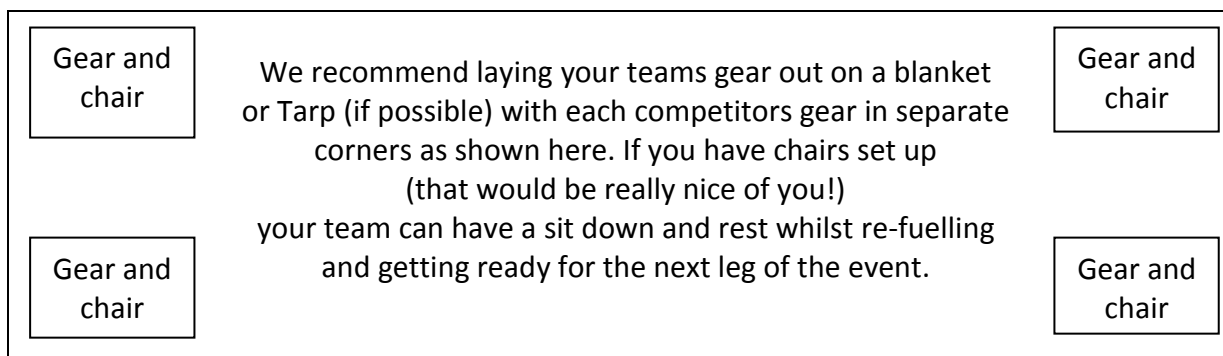
Start: 0800hrs

### Support Crews role:

It is the role of the support crew to transport your teams gear and prepare for the next section of the race. For example in transition area's (TA) racers could go from foot to bike, you will need to have ready for your team their cycling gear, bike etc and extra supplies of food and water for the next leg of the race. Have any extra gear available in case they need additional warm clothing.

It is a good idea to transport each team members gear in separate boxes or bags to allow for easy access in transition.

Support crews are NOT allowed to assist teams outside the TA.



### Support Crews rules:

- Please be aware you are travelling on roads that competitors may also be on – Do not speed!
- Please leave TA's as you find them. There are rubbish and recycling facilities available at the start line, TA's and the finish line.
- DO NOT assist your teams outside TA's, a 1hr time penalty will be enforced.
- If you have a serious enquiry please contact a marshal at TA who will contact the Event Director Carrie Yaxley.

Thanks to all the wonderful sponsors of the 2016 Big Bang Adventure Race.



